

GENERAL COUNSELING

A SAFE PLACE (A COUNSELING CTR) Terre Berkland, 500 Park, Ste 13... 661-5176
AVERA MED GRP BEHAVIORAL HLTH 409 Summit, Ste 3200... (605) 655-1220
BRIDGES TO HOPE COUNSELING Jerry Webber, 1101 Broadway... 665-4488
CATHOLIC FAMILY SERVICES Benedictine Ctr, 1000 W 4th, Yktn(800) 700-7867
CHRISTIAN COUNSELING SERVICES 317 Broadway Suite 10... 665-0430
CRISIS OR SUICIDE CALLS 24 Hours/7 days. L&C Behavioral... 665-4606
DIVORCED, WIDOWED & SEPARATED SUPPORT GROUP... 260-9284
Family Ed & Counseling Center, 1700 Burleigh. Free levels, 10-week sessions.
FAMILY ED & COUNSELING Sliding-scale fee, faith-based, 1700 Burleigh260-9284
FAMILY & MARRIAGE COUNSELING CTR Estelle Johnson, 327 Bdwy #17. 665-9084
HEARTLAND PSYCHOLOGICAL SVCS 904 W 23rd Ste 101... 665-0841
LEWIS & CLARK BEHAVIORAL Sliding-scale fee, 1028 Walnut... 665-4606
MARANATHA CHRISTIAN COUNSELING... (605)520-0477
Dr. Carol Mehlhaff, 2001 Broadway, specializing in community and couple counseling.
NATIONAL RUNAWAY SAFELINE... (800) 786-2929
PARKINSON'S DISEASE SUPPORT GROUP Carol Hamvas... 665-7158
PSYCHOLOGICAL ASSOCIATES 2703 Fox Run Pkwy Ste 200... 665-0258
Dr. Taryn Van Gilder-Pierce. Psychological services, speech/occupational therapy.
RIVER CITY DOMESTIC VIOLENCE CENTER Crisis Line... 665-1448
Desiree Johnson, Dir. Domestic abuse, sexual assault advocacy, shelter... 665-4811
STRONGHOLD COUNSELING Faith-based, 610 W 23rd St, Ste 10. (866) 802-0003
SUICIDE LINE... (800) 273-8255
YANKTON MINISTERIAL ASSN Rev. Dani Jo Ninke, Chair... 665-8848

PREGNANCY COUNSELING

CATHOLIC FAMILY SERVICES... (800) 700-7867
523 N Duluth, Sioux Falls. Adoption and counseling services.
FAMILY PLANNING YANKTON COMMUNITY HEALTH CENTER... 260-0310
409 Summit, Ste 3400. Education, counseling, nursing, pregnancy, birth control, medical, sexually-transmitted disease testing. Income-based. Avera Sacred Heart Pavilion.
LUTHERAN SOCIAL SERVICES... (888) 201-5061
621 E Presentation St, Sioux Falls. Adoption, counseling, foster and kinship services.
PLANNED PARENTHOOD 6511 W 41st, Sioux Falls... (800) 314-7216
Birth control, pregnancy testing, STD testing/treatment and abortion services.
WOMEN, INFANTS & CHILDREN (WIC) PROG 321 W 3rd #B01... 260-4400 ext 1
Nutrition advice, vouchers for low-income pregnant, postpartum women, kids to age 5.

DRUG, ALCOHOL OR GAMBLING PROBLEMS

AA, AL-ANON, AL-A-TEEN 1019 W 9th Alcoholic support area63aa.org... 665-2000
AVERA BEHAVIORAL HEALTH 4400 W 69th, Sioux Falls... (605) 322-4079
DARE Drug Abuse Resistance Education Program, Yankton Police Dept... 668-5210
HUMAN SERVICES CTR 3515 Brdwy, Mental illness/chemical dependency 668-3100
KEYSTONE TREATMENT CENTER 1010 E 2nd, Canton... (605) 987-5659
LEWIS & CLARK BEHAVIORAL Sliding-scale fee, 1028 Walnut... 665-4606
NARCOTICS ANONYMOUS 1st United Methodist, 207 W 11th www.na.org 665-2991
SD QUIT LINE Tobacco cessation free advice, materials and meds... (866) 737-8487

HEALTH CARE SERVICES

ALL WOMEN COUNT www.getscreened.sd.gov... (800)738-2301
Free screening breast and cervical cancer for Women 30-64. Income-based.
ASK-A-NURSE Avera McKennan Hospital, 24 hrs/day... (800) 658-3535 ext. 1
AVERA@HOME HOSPICE & HOME HEALTH 501 Summit... 668-8327
Home health, homemaker services, inpatient hospice house, in-home hospice services
CANCER INFO CENTER www.cancer.gov, info, clinical trials... (800) 422-6237
COMMUNITY HLTH NURSE 321 W 3rd Ste B01. Vaccines, screening 260-4400 ext 1
DONATED DENTAL SVCS Free services for elderly and disabled... (866)551-8023
FALLS COMMUNITY HEALTH...medical - (605)367-8793 dental - (605)367-8022
521 N Main, Sioux Falls. Sliding-scale fee. www.siouxfalls.org/FCH.aspx
FAMILY PLANNING YANKTON COMMUNITY HEALTH CLINIC... 260-0310
409 Summit, Ste 3400. Education, counseling, nursing, pregnancy, birth control, medical, sexually-transmitted disease testing. Income-based. Avera Sacred Heart Pavilion.
HEALTH CARE CLINIC AVERA 300 N. Dakota, Sioux Falls. Free clinic... (605) 322-6800
HEARTPRINT HOME CARE 2610 E SD Hwy 50, Vermillion... (605) 624-5900
Home health, homemaker, hospice and respite services. Serves Yankton area.
LION'S CLUB Asst with eyeglasses/hearing aids. Apply at Contact Ctr(888) 735-4667
POISON CONTROL HOTLINE 24/7 service. www.poison.org... (800) 222-1222
SACRED HEART HOSPITAL 501 Summit... 668-8000
SERVANT HEARTS CLINIC 232 Capital St. Free walk-in clinic... 760-2986
Open monthly 1st & 3rd Mondays, 5:30-8 p.m., for urgent, non-emergency care.
SIouxLAND COMMUNITY HLTH Sioux City. Sliding-scale fee... (888)371-1965
SOCIAL SERVICES 3113 Spruce, Medicaid. Age/income/resource-based... 668-3030
USD DENTAL CLINIC East Hall, Rm 120, Vermillion. Reduced fee... (605)677-5378
VA HOSPITAL Sioux Falls, Inpatient/outpatient services for veterans. (800) 316-8387
WWW.NEEDYMEDS.ORG Free/reduced drugs through manufacturer... (800) 503-6897
YANKTON COMMUNITY HEALTH CENTER & DENTAL SVCS ... 260-0310
409 Summit, Ste. 3400. Sliding-fee for uninsured, low-income. Family practice & dental services. Open Mon/Weds, Thurs, Fri, 8 am-5 pm, Tues 9 am-6 pm, dental closed Thurs.
YANKTON MEDICAL CLINIC Clinic/ConvenientCare, 1104 W 8th... 665-7841

PHYSICAL AND MENTAL ABUSE

CHILD ABUSE NATIONAL HOTLINE www.childhelp.org... (800) 422-4453
DOMESTIC ABUSE HOTLINE River City Dom. Violence Ctr. 24 hrs/day... 665-1448
SHERIFF, YANKTON COUNTY James Vlahakis, 410 Walnut Ste 104... 668-3567
SOCIAL SERVICES 3113 Spruce, Child Protection Unit... (877) 244-0864
POLICE, CITY OF YANKTON Chief Brian Paulsen 410 Walnut... 668-5210

CONGRESSIONAL/LEGISLATIVE HOTLINES

SD REPRESENTATIVE JEAN HUNHOFF email: djhunhoff@iw.net 660-5619
SD REPRESENTATIVE MIKE STEVENS 661-0057
SD SENATOR CRAIG KENNEDY 661-0128
US REP KRISTI NOEM noem.house.gov (855) 225-2801
US SENATOR JOHN THUNE thune.senate.gov (866) 850-3855
US SENATOR MIKE ROUNDS rounds.senate.gov (844) 858-5268

ASSISTANCE FOR PEOPLE WITH DISABILITIES

AGING AND DISABILITY RESOURCE CONNECTIONS (855) 315-1988
ABILITY BUILDING SERVICES 909 W 23rd, Yankton... 665-2518
Residential services and vocational training for people with developmental disabilities.
BIRTH TO THREE CONNECTIONS Holly Neth... (605) 510-7451
Services to families with infants and toddlers with developmental delays or disabilities.
COMMUNICATION SVCS TO THE DEAF (800) 642-6410, relay 711
CONNECTIONS Chris Specht. Advocacy program for adults with disabilities. 661-3149
HME EXCHANGE 40th & Minnesota, Sioux Falls... (605) 271-4639
Used scooters, power/lift chairs, wheelchairs, transport chairs, bathroom safety items.
IMPACT Fred Bender, director, L&C Behavioral Health, 216 Capital... 668-2960
Services to people with mental illness.
INDEPENDENT LIVING CHOICES Krista Kelley, 610 W 23rd Ste 11... 668-2940
Info, referrals, housing application assistance, emergency dialers, home modification, adaptive devices, peer support, independence skills to those with med condition/disability.
LIFELINE/LINK-UP TELEPHONE ASST Contact your company or (605)773-3201
Reduced hook-up or monthly rate for SNAP, Medicaid, Energy/Housing Asst, TANF, SSI, free/reduced lunch recipients. Visit www.puc.sd.gov/lifeline for brochure, application.
RECYCLE FOR LIFE Donated durable medical equipment... (605) 224-4501
SALES AND PROPERTY TAX REFUND/FREEZE PROGS ... 260-4400 ext 7
Disabled or age 65+ freeze, 66+ refund. Income-based. Apply at Treasurer, 321 W 3rd.
SD ADVOCACY SVCS Twila Stibral, Advocacy Rep, 1719 Brdwy, Ste B2... 665-5616
Rights protection/advocacy for individuals with disabilities. Pierre office (800)658-4782
SD ALLIANCE FOR THE MENTALLY ILL nami.yankton@gmail.com... 661-2223
Jane Grant. Support/education for families and those living with mental illness.
SD PARENT CONNECTION www.sdparent.org Service referrals... (800) 640-4553
SERVICES TO VISUALLY IMPAIRED (800) 265-9679
SOCIAL SECURITY 1818 Broadway... (877) 405-3522 or (800) 772-1213
Local office open Mon, Tues, Thurs, Fri 9 am-4 pm. Weds 9 am-noon.
SOUTHEAST FAMILY SUPPORT Carol Borchard, 610 W 23rd... (605)202-0940
Support services to people with disabilities. Nikki Kavanagh, Scotland (605) 583-3060
VOCATIONAL REHABILITATION 3113 Spruce St., Ste 128... 668-3050
Job placement, training, coaching, adaptive equipment for those eligible with disability.
WWW.DISABILITY.GOV Federal website with disability resources... No Phone
VETERAN/MILITARY ISSUES
AIR FORCE RECRUITER (605) 361-2093
ARMY NATIONAL GUARD RECRUITER SSG Aaron Crisman... 668-3045
ARMY RECRUITER (605) 361-5008
MARINE CORPS RECRUITING (605) 361-2584
NAVY RECRUITER (855) 628-9562
PROPERTY TAX EXEMPTION FOR DISABLED VETERANS 260-4400 ext 7
Exemption for 100% permanently disabled. Applications at Treasurer, 321 W 3rd.
SUPPORTIVE SERVICES FOR VETERAN FAMILIES (605) 390-6380
Jade Ronk. Homeless prevention, rapid rehousing, case management, financial asst.
VA BENEFITS INFO AND ASSISTANCE www.va.gov (800) 827-1000
VA MEDICAL CENTER (800) 316-8387
VETERANS MED APPT TRANSPORT Tues/Thurs. Call Vet Svc Officer. 260-4420
VETERANS EMPLOYMENT SERVICES 668-2900
VETERANS SERVICE OFFICER Yankton County, 321 W 3rd Ste 107... 260-4420
Michael "Mac" McDonald. Mon-Fri, 10 am-noon, 1-5 pm.

LEGAL ISSUES

ACCESS TO JUSTICE PROGRAM Free/reduced fee legal asst... (855) 287-3510
For low-income elderly, vets, dom violence, sexual assault & people with disabilities.
COURT SERVICES/PROBATION 410 Walnut Ste 203. Ron Freeman... 668-3075
CRIME STOPPERS 665-4440
EAST RIVER LEGAL SERVICES 335 N Main Ste 300, Sioux Falls (800) 952-3015
Free asst to low-income vets, dom violence, elderly, disabled. Apply Tues, 9 am-noon.
FEDERAL TAX CLINIC USD Law School, help with IRS tax disputes (605) 677-6342
LAWYER REFERRAL Visit www.sdbar.org (888) 952-2333
JUVENILE AND PAROLE SERVICES 1719 Broadway Ave Suite C... 668-3200
POLICE, CITY OF YANKTON Chief Brian Paulsen 410 Walnut... 668-5210
SD LEGAL FORM HELPLINE For those representing self in court. (855) 784-0004
SHERIFF, YANKTON COUNTY James Vlahakis, 410 Walnut Ste 104... 668-3567
STATES ATTORNEY Rob Klimisch, 410 Walnut Suite 100... 665-4301

GENERAL NUMBERS

COMMUNITY INTERPRETER SVCS Lutheran Soc Svcs... (605) 731-2010
DRIVERS LICENSING 3113 Spruce St... (800) 952-3696
EXTENSION SERVICE 901 Whiting... 665-3387
FEDERAL INFORMATION CENTER www.usa.gov (844) 872-4681
INTERNAL REVENUE SERVICES (800) 829-1040
LIBRARY Tonya Olson Ferrell, director. 515 Walnut St... 668-5275
PLANNING/DEVELOPMENT DISTRICT III Small Business asst... 665-4408
POST OFFICE 506 W 25th 665-0626 or (800) 275-8777
SUMMIT ACTIVITIES CTR 1801 Summit... 668-5234
TAX-AIDE Free help during tax season. 900 Whiting Dr... 665-4685
YANKTON AREA CHAMBER OF COMMERCE 803 E 4th... 665-3636